

FEBRUARY 2026



Catholic Charities
of Cortland County

CARING FOR OUR COMMUNITY ONE PERSON AT A TIME

Wishing Wellness Center

24 Church St. Cortland, NY 13045
Phone: (607) 756-5992 Ext 132

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Open Hours 1 - 4PM	3 Open Hours 1 - 4PM	4 Open Hours 1 - 4PM	5 Open Hours 1 - 4PM	6	7
8	9 Open Hours 1 - 4PM	10 Open Hours 1 - 4PM	11 Center Closed For Staff Training	12 Open Hours 1 - 4PM	13	14
16	16 Agency Closed President's Day	17 Open Hours 1 - 4PM	18 Open Hours 1 - 4PM	19 Open Hours 1 - 4PM	20	21
22	23 Open Hours 1 - 4PM	24 Open Hours 1 - 4PM	25 Open Hours 1 - 4PM	26 Open Hours 1 - 4PM	27	28



The Wishing Wellness Center is open for drop-in and groups Monday through Thursday in the afternoon. At other times the staff are working hard at other locations in the community, as well as with enrolled clients. If you are interested in working with a peer staff member one on one, please let staff know. They will assist you with completing a referral for individual services.

Daily Groups

A group will be offered each day during Open Hours from 2-3PM. The groups are designed to help work towards, and maintain a healthy & positive lifestyle. All are welcome to join. Please let us know if you have any suggestions for groups you would like to see offered.



Open Hours is a great time to socialize with other participants, or to speak with peer staff to learn more about our services.