

July 2026

RIVERVIEW APARTMENTS Activity Schedule



CARING FOR OUR COMMUNITY ONE PERSON AT A TIME

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Open Conversation	2 Mental Health Bingo	3 Agency Closed	
5	6 No Peers On Site	7 Game Day	8 Where Do You Go?	9 Walking Group	10	11
12	13 No Peers On Site	14 Coffee Social	15 Problem Solving	16 No Peers On Site	17 Shopping Trip 9:30AM-12PM	18
19	20 No Peers On Site	21 Coffee Social	22 For Some... For Others	23 No Peers On Site - Staff Training	24	25
26	27 Coffee Social	28 Meet the New Supervisor!	29 Are You Listening?	30 Picnic At Little York Park 11AM—2PM	31	

**Wishing
Wellness Center**
24 Church St.
Cortland, NY 13045
(607)756-5992 Ext 132



Peer staff are onsite at Riverview Monday through Thursday from 1-4:30PM. Feel free to stop in for support, questions, or just to chat. Groups are offered from 2-3PM when Peer staff are there.

****Shopping trips MUST be signed up for at least a week in advance.**

Peer staff are onsite at Riverview Monday through Thursday in the afternoon from 1-4:30PM. A group is offered each day the peers are onsite. If you have an idea for a group topic or activity, please let the peer staff know.

Picnic:

Please join us for a picnic on Thursday, July 30th. The picnic will be held at Dwyer Memorial Park, located at the end of Little York Lake, Preble, NY 13141. If you are interested, please speak to the staff so that we can get a count for the number of participants. Food, drinks, and activities will be provided. Please make staff aware if you need help with transportation there.