

JANUARY 2023



Wishing Wellness Center

24 Church St. Cortland, NY 13045

Phone: (607) 756-5992

Hours: M,T,TH,F: 8:30a-4:00 pm

Wed: 8:30a-6:30p

By phone or Appointment Only

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 	2 Agency Closed 	3 Open Engagement Hours: 10am-12pm 1pm-3pm	4 Open Engagement Hours 1:30pm-5:30pm	5 Open Engagement Hours: 10am-12pm 1pm-3pm	6 Cortland Library 1pm-3pm	7
8 	9 	10 Open Engagement Hours: 10am-12pm 1pm-3pm	11 Open Engagement Hours 1:30pm-5:30pm	12 Open Engagement Hours: 10am-12pm 1pm-3pm	13 Cortland Library 1pm-3pm	14
15 	16 Staff Training > *Agency Closed	17	18 130pm-330pm 	19 	20	21
22	23 Staff Training >	24 	25 	26 	27 1pm-3pm 	28
29	30 	31 Open Engagement Hours: 10am-12pm 1pm-3pm				

Happy New Year



Come in out of the cold and warm up with a fresh cup of coffee anytime during our open engagement hours. Peer services will be expanding our hours this month. On Wednesday the 4th and 11th The Wellness Center will be open until 5:30pm!

Please note from January 16th-26th, The Wishing Wellness Center will be closed for staff training. Peers will be available by appointments only during this time.

Want to learn how you could potentially save a life? Stop by 1/18 or 1/27 between 130p-330p to complete a brief Narcan training and leave with your own kit!

Did you know? The Wellness Center has an emergency Narcan mailbox on the Library side of the building, that is always fully stocked and accessible if needed!

