

# OCTOBER 2022



**Wishing Wellness Center**  
24 Church St. Cortland, NY 13045  
Phone: (607) 756-5992

Hours: Mon: 8:30a-4:00 pm  
By phone or Appointment Only

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	<b>4</b> <b>Open Engagement Hours:</b> 10am-12pm 1pm-3pm	<b>5</b> <b>Open Engagement Hours</b> 1:30pm-3:30pm	<b>6</b> <b>Open Engagement Hours:</b> 10am-12pm 1pm-3pm	<b>7</b> Peers @ Phillips Library in Homer 1pm-3pm	<b>8</b> 
9	<b>10</b> 	<b>11</b> <b>Open Engagement Hours:</b> 10am-12pm 1pm-3pm	<b>12</b> <b>Open Engagement Hours</b> 1:30pm-3:30pm	<b>13</b> <b>Open Engagement Hours:</b> 10am-12pm 1pm-3pm	<b>14</b> Peers @ Peck Library in Marathon 2pm-4pm	15
<b>16</b> 	17	<b>18</b> <b>Open Engagement Hours:</b> 10am-12pm 1pm-3pm	<b>19</b> <b>Open Engagement Hours</b> 1:30pm-3:30pm	<b>20</b> <b>Open Engagement Hours:</b> 10am-12pm 1pm-3pm	<b>21</b> Peers @ Lamont Library in MacGraw 10am-12pm	22
<b>23</b> <hr/> <b>30</b>	<b>24</b> Peers @ Cortland Library 1pm-3pm <hr/> <b>31</b> Community Halloween tabling	<b>25</b> <b>Open Engagement Hours:</b> 10am-12pm 1pm-3pm	<b>26</b> <b>Open Engagement Hours</b> 1:30pm-3:30pm	<b>27</b> <b>Open Engagement Hours:</b> 10am-12pm 1pm-3pm	<b>28</b> Narcan Training 1:30pm-3:30pm 	<b>29</b> 



Join peer staff and other community members for open engagement hours: [Tuesday and Thursday from 10am-12pm & 1pm-3pm](#), [Wednesday from 1:30pm-3:30pm](#). Coffee will be provided hot and fresh during these times.

Want to learn how you could potentially save a life? Stop by the Wellness center on [October 28th between 1:30pm & 3:30pm](#) to become trained to administer Narcan. After completion of the brief training you will be supplied with your own Narcan kit. Can't make it during this time though still want to be trained? Give us a call to schedule an appointment.

Come see Peer staff throughout the month at the Cortland Free Library, Peck Memorial Library, Lamont Library and Phillips Library to learn more about our services, and how we can help you on your path to wellness.

Peer staff will be teaming up with some other local area service providers for a Halloween [Spooktacular](#) event. Stop by the Wishing Wellness Center from 1pm-3pm on October 31st, to learn about services and enjoy some yummy Halloween treats while here! Our guest service providers will include staff from STAP, Healing Hearts Collaborative, Access to Independence and Cortland Area Communities that Care.

