

NOVEMBER 2022



Wishing Wellness Center
24 Church St. Cortland, NY 13045
Phone: (607) 756-5992

Hours: Mon: 8:30a-4:00 pm
By phone or Appointment Only

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Open Engagement Hours: 10am-12pm 1pm-3pm	2 Open Engagement Hours 1:30pm-3:30pm	3 Open Engagement Hours: 10am-12pm 1pm-3pm	4 Peers @ Phillips Library in Homer 12:30pm-2:30pm	5
6 Saxophone Day 	7	8 Open Engagement Hours: 10am-12pm 1pm-3pm	9 Open Engagement Hours 1:30pm-3:30pm	10 Open Engagement Hours: 10am-12pm 1pm-3pm	11 Agency Closed 	12
13	14 	15 Open Engagement Hours: 10am-12pm 1pm-3pm	16 Open Engagement Hours 1:30pm-3:30pm	17 Open Engagement Hours: 10am-12pm 1pm-3pm	18 Peers @ La- mont Library in McGraw 10am-12pm	19
20	21	22 Open Engagement Hours: 10am-12pm 1pm-3pm	23 Open Engagement Hours 10am-12pm 1:30pm-3:30pm	24 Agency Closed 	25 Agency Closed	26
27	28 Peers @ Cortland Library 1pm-3pm	29 Open Engagement Hours: 10am-12pm 1pm-3pm	30 Open Engagement Hours 1:30pm-3:30pm			



Join peer staff and other community members for open engagement hours: [Tuesday and Thursday from 10am-12pm & 1pm-3pm](#), [Wednesday from 1:30pm-3:30pm](#). Coffee will be provided hot and fresh during these times.

Want to learn how you could potentially save a life? Stop by the Wellness center or call to schedule an appointment to become trained to administer Narcan. After completion of the brief training you will be supplied with your own Narcan kit.

Come see Peer staff throughout the month at the Cortland Free Library, Peck Memorial Library, Lamont Library and Phillips Library to learn more about our services, and how we can help you on your path to wellness.

From Peer Services to you and yours; we wish you a very Happy Thanksgiving!! We are grateful for each and everyone of you!!

